

List of equipment - Hålandsdalen leirskole



BERGEN
KOMMUNE

– Winter –

- Linen: - linen, pillow linen and sheet
- Toiletries : - handtowels, towels, soap/shampoo and toiletries
(do not bring nail polish, spray or perfume)
- Clothes: - indoor clothes
- wind/waterproof trousers and jacket for skiing
- long underwear of wool
- thin sweater (wool or fleece)
- several woollen socks
- underwear
- woollen hat, wool mittens and/or gloves, scarf
- thick jumper (wool)
- nightwear
- Rainwear: - waterproof jacket and trousers, raingear
- Shoes: - waterproof winter boots or rubber boots
- indoor shoes or slippers
- Ski-equipment: - skis and ski-poles
- shoes for skiing with woollen soles
- Small backpack: - day trip bag containing necessary clothing and equipment for a day out
- Various: - pencil
- outdoor cup
- water bottle
- several plastic bags
- sunglasses, cream for sun-protection and lip balm
- Consider if needed: - sitting pad
- gaiters
- pocket- /headlight
- sleep mask, earplugs
- teddy bear
- a book or magazine to read before bedtime
- clock / wristwatch so you know the time



Please note:

Shoes and clothing must be labelled!