

What is important for me?



Working towards goals in a Personalised Plan:

- What do I want to achieve in the short and long term?
- What is important for me right now?
- What is my idea of a good life in daily living?
- What are my strengths and how can they help me achieve my goals?
- What is needed to make my daily life better?

Do you have any questions about a

COORDINATOR CHILD COORDINATOR PERSONALISED PLAN?

If you receive services from the City of Bergen, you can request a personal coordinator, child coordinator or personalised plan. You can also enquire with the Coordinating Unit for Habilitation and Rehabilitation.

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YOU WILL FIND MORE INFORMATION AT

www.bergen.kommune.no

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Need help coordinating services?

COORDINATOR CHILD COORDINATOR PERSONALISED PLAN



**BERGEN
KOMMUNE**

Do you or your child need extended services from the City and do your service providers need to be coordinated? If so, you may request that a coordinator or child coordinator be appointed for you. You may also qualify for a personalised plan to be prepared for you.

What would it mean to have a coordinator, child coordinator or personalised plan?

- You would be involved in planning how the services will be provided on the basis of your own goals.
- The coordinator will have comprehensive knowledge of your situation.
- You will not necessarily receive more services but they will be coordinated to help achieve your goals.

COORDINATOR

‘Coordinating’ means ‘making things work together’. A coordinator can be a great help if you need long-term coordinated health and care services regardless of your age and diagnosis. The coordinator will reinforce the links between you and your service providers. For those who qualify and wish to be assigned a coordinator, one of your service providers will be chosen for the role.

CHILD COORDINATOR

A child coordinator can be assigned to families who have or are expecting a child with serious illness, injury or disability. The child must also need complex and long-term coordinated health and care services in conjunction with other welfare services. The right to be assigned a child coordinator applies until the child turns 18 and your needs will be regularly reassessed in consultation with you.

INDIVIDUAL PLAN

A personalised plan describes how the services will cooperate so that you receive comprehensive follow-up. The personalised plan is your plan and will be drawn up jointly by you and your service providers and continuously updated. A family member or guardian can help to work on the plan on your behalf or jointly. The plan is based on your needs and what is important to you.

